

Bruderheim School

Parent Newsletter – November 4, 2022

From the Principal

We sure had a wonderful fall, but we knew the next season would come eventually, so welcome to winter! We had a great time during our Halloween Carnival on Monday, and it was great to see so much school spirit! We introduced our new TIGER Trait this week – **Integrity** – which we will focus on during the months of November and December. We adjusted our Remembrance Day Ceremony plans and each class participated from their respective classroom. Thank you to all our students for being so respectful, those students who contributed artwork, those grade 6 students who read poems, Warrant Officer Langevin for sharing with our classes via Microsoft Teams and Mrs. Dibben for her work on the PowerPoint! It was a very meaningful ceremony. Remember to take time on November 11th to remember and honour those who have sacrificed, served, and continue to serve. Lest We Forget. From the staff at Bruderheim School, we hope all our families having an enjoyable and restful fall break. See you on Monday, November 14.

November

November 7-11: Fall break (no True 2 You this week)

November 11: Remembrance Day

November 14-18: Bullying Awareness and Prevention Week

November 16: School picture retakes

November 17: True 2 You 3:30 (grade 5, 6 girls)

November 18: Too Bright Day – wear neon (bright) clothes and sunglasses

November 20: National Child Day

November 24: Tipi Teachings

November 24: True 2 You 3:30 (grade 5, 6 girls)

November 25: Report cards

November 30: Parent/Teacher Interviews 4:00 to 7:00 (child care provided from 5:00 to 7:00)

December

December 1: Parent/Teacher Interviews 4:00 to 7:00 (child care provided from 5:00 to 7:00)

December 2: Silly sock day – wear your wackiest!

December 6: Bruderheim School Council (BSC) meeting 5:15

December 7: School spirit day – wear black, yellow or school spirit wear

December 7: Early dismissal 2:00

December 8: True 2 You 3:30 (grade 5, 6 girls)

December 14: Christmas concert dress rehearsal (changed from December 12)

December 15: Tipi Teachings

December 15: Christmas concert 6:30

December 16: Wear your favorite Christmas sweater

December 20: Last instructional day for 2022!

January

January 4: Welcome to the first school day of 2023!

January 4: School spirit day – wear black, yellow or school spirit wear

January 4: Early dismissal 2:00

From The Library

Show others you care by donating to our Bruderheim School's Mitten Tree. Many years I have headed up this outreach program and it is always rewarding. We will proceed the same as other years. If you could promote the Mitten Tree to your students and their families... we will collect pairs of **new mittens or gloves** in the library. Each time a student brings in a pair, they will receive a candy cane and a small thank you card. In January I will get them to downtown Edmonton to have them handed out. Last year we collected over 70pairs!

There is also a few good story books to read about mittens should you wish to do so. Much thanks for all the support. Merry Christmas (too early??)

Inclement Weather

With the winter season almost here, we want to remind families to dress children appropriately for the weather when getting ready for school or the bus. The weather often changes unexpectedly throughout the day, so please select suitable outerwear and ensure your child is prepared for changing conditions.

If inclement weather conditions occur, Elk Island Public Schools (EIPS) advises families of any bus cancellations using various communications tools—automated-telephone messages, alerts posted on www.eips.ca and school websites, Twitter, Facebook, local radio stations, and notification through both the Bus Status and the Ride 360 apps. Morning bus cancellations are posted on www.eips.ca by 6:30 a.m.

Decisions regarding bus cancellations are guided by EIPS administrative procedures that state, “school bus service may be suspended...when there is a forecast or current temperature of -40 C, including wind chill factor, in one or more regions.”

Other reasons for suspending or delaying school bus services include adverse weather and poor road conditions. When school bus services are suspended, schools remain open to students. EIPS believes families have the right and responsibility to make choices for their children based on their beliefs and perceptions of safety during times of inclement weather.

For more information, contact EIPS Student Transportation at 780-417-8151.

New Report Cards

To best communicate student learning, some changes have been made to report cards, including a slight redesign. This November, parents and guardians will continue to access report cards through PowerSchool—simply log in to your account and click on the “Report Card” button in the lefthand sidebar.

Similar to the previous report card, students will still be assessed on a Learner Attributes Scale and Achievement Scale. Some categories have been modified to align with the new curriculum.



Be Your Best!

Where to Find the Information You Need

Elk Island Public Schools and Bruderheim School use a handful of key systems to share information with students and families. Depending on the information you're looking for, it's important to know where to look.

PowerSchool is the primary student information system within the Division. There is an associated app, but the functionality is limited, and families don't need to download it. From the PowerSchool Parent Portal, you can:

- access student grades and reportcards
- review student absences
- pay school and transportation fees
- submit official updates to student or family information

The PowerSchool Student Portal provides similar access to grades and absence information for students directly.

Brightspace provides more of a day-to-day look what's happening with your child's learning communicated directly from your child's teacher. From Brightspace Parent & Guardian, you can see your child's

- classroom activity feed
- grade items and grade feedback from instructors
- upcoming assignments
- portfolio evidence
- quizzes

depending on which of the program functions are specifically used by your child's teacher.

Brightspace for Students is where teachers share updates, calendar reminders and learning materials with students. Compatible with Google, it also allows students to submit assignments, complete quizzes, and see grades and teacher feedback. The Pulse app for students is associated with Brightspace for Students.

SchoolMessenger is the system the Division and schools use to send email and phone communication to families. The contact information in SchoolMessenger is populated from PowerSchool. Through SchoolMessenger, families can:

- receive general, emergency and attendance messages by phone, email or both
- manage their subscription preferences for these types of messages

The easiest way to stay connected is to download the SchoolMessenger app. Get the latest updates direct to your mobile device and enable push notifications to never miss a message. Families can also check back on past messages—for up to 30 days—directly in the app rather than searching to find an old message buried in your inbox.

If you have trouble accessing any of these systems or have questions about them, contact Bruderheim School at 780 796 3936.

Bullying Awareness and Prevention Week

Bullying Awareness and Prevention Week takes place **Nov. 14-18, 2022**. The week focuses on promoting awareness and understanding of bullying and its impacts.

EIPS 2023-24 Division Calendar: Now Available!

The official 2023-24 EIPS calendar is now available. The calendar includes important dates during the 2023-24 school year, such as school-closure days, breaks, the first and last day of classes, professional learning days, early dismissal days, plus more.

Highlights from the 2023-24 EIPS calendar include:

- first day of school – Aug. 31, 2023
- November break – November 6-10
- Christmas break – December 25 to January 5
- second semester starts – February 1
- Teachers' Convention – February 8-9
- spring break – March 25-29
- last day of classes – June 26, 2024

To view the 2023-24 calendar, visit eips.ca

Did you know you can sync the Division calendar to your personal calendar? You can. Simply, visit www.eips.ca/calendar and click “subscribe to calendar.” It’s that easy.

Spread the Word: EIPS is Hiring Substitute Educational Assistants and CTS/CTF Teachers

Do you know someone who may be interested in part-time, flexible work as a substitute educational assistant (EA) or substitute teacher specializing in Career and Technology Studies (CTS) and Career and Technology Foundations (CTF)? Elk Island Public Schools (EIPS) is hiring—spread the word!

EAs are integral to the school team, assisting teachers with instructional and non-instructional tasks in the classroom and other school activities. Whether it's working one-on-one with individual students or with a small group of students in a class or special program, EAs provide support and assistance to help students achieve success.

Substitute teachers are needed every day across the Division, and vacancies in CTF and CTS classrooms require a specific skillset. Applicants must have or be eligible for an Alberta Teaching Certificate and have related CTS/CTF training or experience.

Substitutes are needed to fill positions at all school locations until the end of the school year. The application deadline is November 18. If you know someone who'd be great in one of these roles, encourage them to apply today.



Strathcona Christmas Bureau: Referrals

If you know a family in need who might benefit from a Strathcona Christmas Bureau delivery this holiday season, submit a referral. Your name, and the names you refer, are kept in strict confidence. You can make a referral by contacting the Hamper Co-ordinator at 780-918-2521 starting November 1. The referral deadline is **November 30**.

For Your Information

The County of Lamont Food Bank will be accepting Christmas Hamper applications from November 10th - December 8th, 2022. Please call 780-619-6955 to register or for more information". Thank you.



Happy Fall Break!

November 2022



12 Conversation Starters to Help You Engage Young People

Authentic engagement with young people starts with openness. Share about yourself, including your challenges, and talk openly and honestly. Paying attention, putting away your cell phone, remembering small and not-so-small details of a young person's world are important ways to express care and intentionally build relationships. This approach yields benefits for adults, too, but the benefits for the young person are exponential.

The following conversation starters encourage young people to think about who they are becoming and how they can be intentional in working toward a positive future. They can be used with youth in your school, organization, home, or community, and in one-on-one or group settings. Adults and young people can all answer these questions. Use the opportunity to share a bit about yourself.

1. Imagine yourself in 10 years. If everything goes well, what would you like to be doing? Who would you be with?
2. If you could do one thing better, what would it be? How would it make your life better if you could do that?
3. Who in your family has had dreams or aspirations that changed the course of their lives? How might your life be different if they hadn't reached for their goals?
4. Have you ever encountered a key decision point—a fork in the road—that set you in a new direction in some area of life? What happened? How did you make that decision?
5. What have been major roadblocks that made it hard for you to become the best you could be? How have you coped with or overcome these obstacles?
6. What is something you hope to be good at in 5 years? What is one thing you do now to help work toward being good at this?
7. If you could study just one thing for three months, what would you study? Why?
8. If you could do one thing to make the world a better place, what would you want to do? What steps could you take to make that kind of difference?
9. Suppose someone asks you this question ten years from now: What have you most enjoyed doing over the past ten years? What do you hope you could tell them? What can you do now that will make it more possible that you'll be able to give that answer?
10. Imagine that you're hanging out with some friends 10 years from now. Who do you hope will be there? Where do you hope you will be? What would you be talking about?
11. What really motivates you to work toward your dreams? What keeps you going?
12. What obstacles or challenges do you see between you and your hopes for the future? What can you do now to make it more likely that you'll overcome those challenges?

The Kalyna FRN Lamont County Region remembers the sacrifices made by so many to serve this beautiful country.



Please honour our veterans by attending a ceremony near you.

Wholesome Dad Jokes

1. What do snowmen call their children?
2. Where do snowmen love to dance?
3. Where do snowmen put their money?

Snowball 3. The snowbank.

Answers: 1. Children 2. At the

Follow us on Facebook for the most up-to-date information:
Kalyna Family Resource Network
Lamont County Region

For more information please call:
Erin @ 780-895-2233 ext 244
Toll Free 877-895-2233 ext 244
or email at: erin.t@lamontcounty.ca

What is the Kalyna Family Resource Network?



KALYNA FAMILY RESOURCE NETWORK LAMONT COUNTY REGION

WHO WE ARE?

Family Resource Networks (FRNs) deliver high quality prevention and early intervention services and supports for children aged 0 to 18. Services are provided to all geographic areas and in various cultural communities across the province – either directly or through collaborative partnerships with qualified service agencies.

WHO CAN PARTICIPATE?

Family Resource Networks (FRNs) welcome anyone who is part of a child's life. This could be a parent, caregiver, grandparent, aunt/uncle, day home provider, nanny, the list goes on!

WHAT PROGRAMS DO WE OFFER?

Some of our programs include developmental screening (ASQ), Triple P Positive Parenting, Infant Massage, Kids Have Stress Too, summer programming for families, child and youth development programming including National Child Day and Welcome to Kindergarten.

WHAT WE DO?

Networks provide a range of services and supports that focus on strengthening parenting and caregiving knowledge, social support, coping and problem-solving skills, access to community supports and resources, improving child and youth development, building resiliency and fostering well-being.



UMBRELLA OF SUPPORT PROVIDED BY PROVINCIAL FRN:
Child Development & Well-being Support
Caregiver Capacity Building Support
Social Connections & Support

OUR FRN NETWORK:
 Vegreville & Area
 Lamont County Region
 Mannville/Minburn/Innisfree
 Two Hills & Area
 WJS Canada

Community Partners We Have Loved Working With

We want to bring you the best services possible. To do that, we will often partner with some of the amazing service providers that we have in the Lamont County Region and surrounding areas. Some of our partners are:

Alberta Human Services

Alberta Health Services (AHS)

Early Childhood Coalitions of Alberta

Various municipal governments

Family Day Homes

Various Seniors Centres

CALC

Family and Community
Support Services (FCSS)

Alberta Children's Services
 Primary Care Network
 Local Libraries
 Prairie Central FASD
 Local Community Clubs
 Local School Divisions
 Local Food Hampers
 WJS Canada

Parent Education & Caregiver Capacity Programs
 are available even if they are not
 on the monthly calendar.

Contact Erin for more information.



What is an Ages & Stages Questionnaire?

The Ages & Stages Questionnaire (ASQ) checks 5 developmental areas.

1. Communication skills
2. Gross motor skills
3. Fine motor skills
4. Problem solving skills
5. Personal-social skills



Why complete an ASQ and ASQ-SE?

The great thing about ASQ is that it's strengths-focused - the emphasis is really on what your child can do. It's the perfect way to keep track of milestones and celebrate them as your child grows and develops.

For more information:

Call: (780) 895-2233 ext 244
 Facebook: Family Resource Network Lamont County Region
 Email: erin.tlp@lamontcounty.ca

<https://agesandstages.com/about-asq-for-parents>

The ASQ & ASQ-SE are designed to show caregivers how the child is developing from birth to 5 years of age. They are simple and easy questionnaires that are filled out by the caregiver.

The ASQ-SE checks 7 social-emotional areas:

1. Self-regulation
2. Compliance (trust & respect)
3. Communication
4. Adaptive functioning
5. Autonomy (ability to function independently)
6. Emotional responses
7. Interaction with people



How do I complete one?

Go to these links (we recommend completing both screenings):
 ASQ-3: <https://www.asqonline.com/family/70d5a8>

ASQ-SE: <https://asqonline.com/family/af517f>



INTRODUCING Alberta Indigenous Virtual Care Clinic

Receiving healthcare from doctors who understand Métis culture is essential to the overall health and wellness of our community.



The Alberta Indigenous Virtual Care Clinic (AIVCC) virtually connects Métis Albertans with family doctors who are experienced in providing Indigenous and culturally-safe healthcare.

All appointments happen by telephone or by video using your device. The choice is yours.



AIVCC Call 1-888-342-4822 to book your appointment or visit aivcc.ca for more information.
 Hours: Mon-Fri 8:30am-4:30pm, Sat-Sun 12:30pm-4:30pm.

Please Note: Clinic is not an emergency care service. If you have an emergency, please call 911.

Programs & Information

Free program for families with children ages 1-6

Lamont County Region
Kalyne Family Resource Network

We will be making:
Easy peasy mini pizzas

COOKING WITH YOUR LITTLES

(Because who doesn't like a little adventure)

Join us for learning, socializing, and laughter as we cook with our littles (ages 1-6). While making a tasty treat, we will focus on engaging children in the kitchen and its importance.

Andrew Lions Club - Thurs., Nov 3, 2022 (1:00 - 2:30pm)
Andrew registration due by Nov. 2 at noon
Bruderheim Community Hall - Thurs, Nov 24 (1:00 - 2:30pm)
Bruderheim registration due by Nov 22 at noon

Please sign up for one Session by link or QR code: <https://signup.com/go/OJG0dQr>

Max 5 families /session

Scan me

For more info email: erin.b@lamontcounty.ca

FCSS Family and Community Support Services Lamont County Region
Lamont County Region Kalyne Family Resource Network

FCSS LAMONT COUNTY REGION PRESENTS

Youth Retreat

VAN-ES CONFERENCE CENTRE NOV 9 & 10, 2022 OVERNIGHT

\$100 9:30am (drop-off) - 4:00pm (pick-up)

AGES: 12-16

INDOOR POOL
GYMNASIUM
GAMES
ACTIVITIES
BRAIN ARCHITECTURE GAME
WORKSHOPS
SOCIALIZATION
EAT GREAT FOOD
MOVIE NIGHT

Lamont County Region
Kalyne Family Resource Network

Fill out the Registration Form
Email: MICHELLE at michelle.a@lamontcounty.ca
780-895-2233 Ext 223
www.lamontcounty.ca

Connecting Generations

WINTER Wonderland

25 Nov
10:30am- noon

Families with children 0-6 & Homeschool families welcome!

Join us inside for activities and hot chocolate with our friends at Beaverhill Pioneer Lodge.

Please park on the street out front & enter through the doors at the back.

Program is FREE but registration required for supplies. REGISTER BY NOV 18 @ NOON
Sign up online or scan QR code: <https://signup.com/go/twgNZPY>



Beaverhill
Pioneer Lodge



Made with PosterMyWall.com

FAMILY ACTIVITY NIGHT

FREE make & take activities!

MAKE & TAKE

All families welcome!

At Mundare Hub at Victory Park
Wednesday, November 30, 2022
5:00 - 7:00 pm

Lamont County Region
Kalyne Family Resource Network

FCSS Family and Community Support Services Lamont County Region
Lamont County Region Kalyne Family Resource Network

MUNDARE

Programs & Information

Bruderheim YOUTH Centre
Located upstairs of Arena

Starting October 12th, 2022
Running Every Wednesday
Call 780-895-2233 for more info

3:30 - 6:00pm All Children and Youth
7 years of age and older

Parents: Remember to fill out our one time permission form for the year!!

FCSS Family and Community Support Services Lamont County Region

Chipman YOUTH Group
Located at Chipman National Hall

Starting October 17th, 2022
Running Every Monday
Call 780-895-2233 for more info

3:45 - 6:45pm All Children and Youth
7 years of age and older

Parents: Remember to fill out our one time permission form for the year!!

FCSS Family and Community Support Services Lamont County Region

No Stone Left Alone

Town of Lamont in partnership with FCSS are proud this year to be accepted as members of the international program, No Stone Left Alone Memorial Foundation.

We are asking for children and youth to participate in this years Remembrance Day service at the Lamont Hall by placing a poppy on a cross during the ceremony.

We would like at least 25 children/youth to present poppies.

For information about the foundation www.nostonaleftalone.ca

To register your child/youth to participate please contact Darlene at FCSS 780-895-2233 Ext.226 darlene.o@lamontcounty.ca or scan QR code

FCSS Family and Community Support Services Lamont County Region

CHRISTMAS CARD CRAFT
Saturday November 26, 2022
Lamont County Building 2:30pm - 4:30pm

FCSS Lamont County Region and Kalyana Family Resource Network Lamont County Region are excited to take part in the Lamont Christmas Light Up! 2022

Please come down to the Lamont County Building and make a Christmas card for that someone special or just for fun. There will be Christmas coloring pages for the little ones.

FCSS Family and Community Support Services Lamont County Region

For any questions please contact FCSS at 780-895-2233 Ext 226 Toll Free - 1-877-895-2233 Ext 226 darlene.o@lamontcounty.ca

FREE!!!

PARENT'S & TOTS

BRUDERHEIM
Oct 11, 2022 from 9:30am - 11:30am
Located at the Karol Maschmeyer Arena

LAMONT
Oct 12, 2022 from 9:30am - 11:30am
Located at the Lamont Alliance Church

ANDREW
Oct 21, 2022 from 9:00am - 11:00am
Nov 4, 25, Dec 2, 9,
Jan 6, 13, Feb 3, 17, March 10, 17, Apr 14, 21

MUNDARE
Oct 28, 2022 from 10:00am - 12:00pm
Second and Fourth Friday of the month
Located at the Mundare Town Office

If you have any questions or concerns please contact Melissa at 780-895-2233 Ext 228 melissa.o@lamontcounty.ca

Lamont County Region

Alberta Health Services
Virtual Child Development Walk-in Clinic
Birth to Five Years

Do you have questions or do you want to learn more about...

How your child:

- Speaks
- Hears
- Colours
- Moves
- Plays
- Follows Directions
- Sleeps
- Eats

Your child's:

- Routines (bedtime, toileting)
- Emotions
- Growth
- Development

Sensitivity to:

- Noise
- Clothing
- Food Textures
- Messy Play

Call us at our Virtual Walk-in Clinic!
~ 780-895-5817 ~

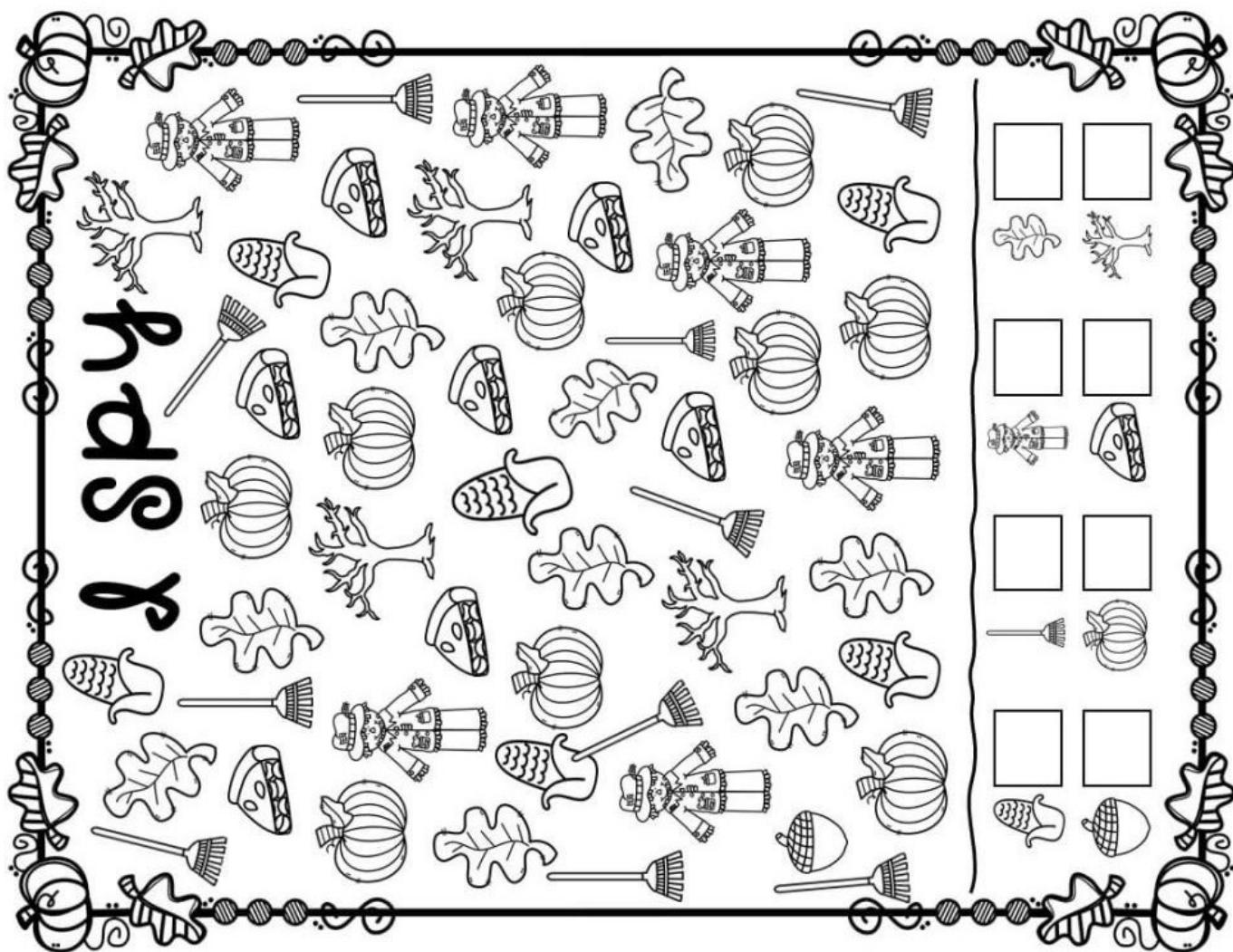
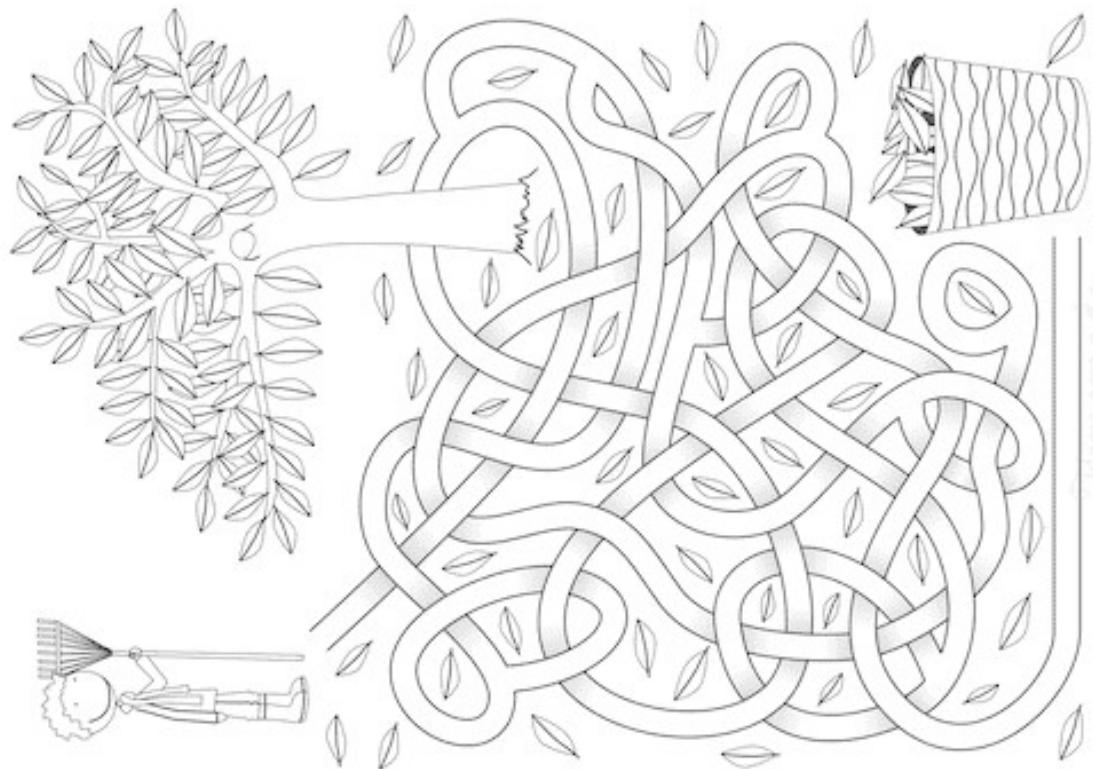
FREE The first **THURSDAY** of every month
Community Rehabilitation Program – Pediatrics
9:00 a.m. – 11:30 a.m.

Virtual services that may be accessed include:

- Occupational Therapy
- Early Intervention Support (birth-31/2 yrs)
- Physical Therapy
- Speech-Language Pathology
- Social Worker

www.albertahealthservices.ca

November Fun!



November 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Parenting Survival Series	2 EIPS—Early Out	3 Cooking with Your Littles - Andrew	4	5
6 Daylight Savings EIPS November Break	7 Babysitters Course - Lamont	8 Parenting Survival Series	9 Youth Retreat - Camp Van Es	10	11 Remembrance Day (Office Closed) Plan to attend a community event	12
13	14	15 Parenting Survival Series	16 FCSSAA Conference—Office Closed	17	18	19
20 National Child Day	21	22 Parenting Survival Series	23	24 Cooking with Your Littles - Bruderheim	25 Connecting Generations Winter Wonderland	26  Lamont Light Up
27	28	29 Parenting Survival Series	30 Family Activity Night - Mundare			

December 2022

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Cooking with Your Littles - Chipman	2	3
4	5	6 Parenting Survival Series	7 EIPS—Early Out	8	9	10
11	12	13 Parenting Survival Series	14 Family Activity Night - Andrew	15 Cooking with Your Littles - Lamont	16	17
18	19 FRN offices closed for meeting	20 Parenting Survival Series	21	22 Connecting Generations Carol Sing	23 FCSS & FRN Offices Closed	24 Christmas Eve
25 Merry Christmas!	26 Boxing Day	27	28	29	30	31
		FCSS & FRN Offices Closed for the holidays—Happy Holidays!				