# **Bruderheim School**

Parent Newsletter – October 21, 2022

### From the Principal

Well, we sure have had awesome weather during this fall season, and now we are starting to feel a change in the air! We've had another good week at school. During our TIGER Assembly this week our students were able to practice teamwork in their TIGER Team groups with the hula hoop challenge. Our grade 4-6 students finished their swimming lessons, we had school pictures, and our annual book swap took place! Next week our grade 1-3 students will have their last round of swimming lessons, and believe it or not, it's the last full week of October!

### **Key Dates**

### <u>October</u>

October 27: Swim lessons - grades 1, 2, 3

October 27: True 2 You 3:30 (grade 5, 6 girls)

October 31: Halloween

#### November/December

November 1: Bruderheim School Council (BSC) meeting 5:30

November 2: School spirit day - wear black, yellow or school spirit wear

November 2: Early dismissal 2:00

November 3: True 2 You 3:30 (grade 5, 6 girls)

November 4: Remembrance Day assembly 10:30

November 7-11: Fall break (no True 2 You this week)

November 11: Remembrance Day

- November 16: School picture retakes
- November 17: True 2 You 3:30 (grade 5, 6 girls)

November 18: Too Bright Day – wear neon (bright) clothes and sunglasses

- November 24: True 2 You 3:30 (grade 5, 6 girls)
- November 25: Report cards

November 30: Parent/Teacher Interviews

#### December 1: Parent/Teacher Interviews

- December 2: Silly sock day wear your wackiest!
- December 6: Bruderheim School Council (BSC) meeting 5:30



December 7: School spirit day – wear black, yellow or school spirit wear

December 7: Early dismissal 2:00

December 8: True 2 You 3:30 (grade 5, 6 girls)

December 12: Christmas concert dress rehearsal

December 15: Christmas concert 6:30

December 16: Wear your favorite Christmas sweater 😊

December 20: Last instructional day for 2022!

#### <u>January</u>

January 4: Welcome to the first school day of 2023!

January 4: School spirit day - wear black, yellow or school spirit wear

January 4: Early dismissal 2:00

### Hot Lunch Order Forms Due October 23

This year the kitchen staff will be providing lunches 3 days a week-Tuesday, Wednesday and Thursday. On Mondays and Fridays everyone will receive a healthy snack so please pack lunches on those days.

For anyone new to our lunch program, this form allows you to pick what your child would like to eat each day. The more specific choices you make the less waste we have. The monthly menu is always available on the Lamont Elementary School website under "Lunch Calendar."

Please submit one form per student.

As in the past few years all lunches will be individually packaged and delivered to the classrooms at lunch time.

Please send reusable cutlery for your students to use to help cut down the waste we have everyday.

~~On occasion, for reasons we can not control we may need to make substitutions to meals.~~

Click here for <u>Bruderheim November 2022</u> <u>Hot Lunch Form</u>

### We're Looking for Volunteers

### Hot Lunch Program

We are excited to be able to once again have volunteers in our kitchen this year! If you would like to volunteer with us, helping to dish lunches for our kids, please fill out the form <u>Bruderheim</u> <u>Volunteer Form</u>, and we will add you to our volunteer list. Thank you!

### Caregiver Education Sessions: October Sessions

Alberta Health Services offers free online programming for parents and caregivers of children and youth. Sessions are offered through Zoom. Upcoming topics include understanding anxiety, supporting children and adolescents with ADHD and parenting in the 21st century. The list of October 2022 sessions is now available.



### **Enhancing Literacy and Numeracy**

As part of Elk Island Public Schools' (EIPS) ongoing efforts to enhance the literacy and numeracy of students in all grade levels, the Division is once again administering the Star Early Literacy and Star Reading assessment tools in the 2022-23 school year. The Division's also launching a new assessment called Star Math. These tools focus on literacy and numeracy, are digitally based and offer an opportunity for students to demonstrate their learning. The goal: To provide timely information to teachers, help enhance classroom instruction and identify student learning needs.

Three times a year, EIPS students in Grade 1 complete the Star Early Literacy assessment and students in grades 2-12 complete the Star Reading assessment. Both assessments are administered electronically and take about 20 minutes. Students in grades 2 through 10 also complete the Star Math, a mathematic screening tool. It, too, is administered electronically and takes about 30 minutes for students to complete. The results offer teachers a clearer picture of a student's learning needs and help determine if subsequent instructional planning is required. NOTE: Semester students complete the Star Math twice, at the start and end of the course.

In addition to the Star assessments, Alberta Education now mandates that all students in grades 1-3 complete additional literacy and numeracy assessments. Students in Grade 2 and Grade 3 completed these provincial assessments in September. Grade 1 students will complete the assessments in January 2023. EIPS also administers the assessments to all Grade 4 students to gauge learning loss from the pandemic, which the Division is now analyzing.

The scores of the assessments aren't used toward a student's grade, and there is no need to study ahead of time. The tools simply provide the teacher with information to better understand where each student is in terms of reading comprehension and mathematic ability. If, after analyzing the results, it's determined that a student can benefit from extra support, the teacher will contact the family to discuss possible support strategies.

For more information about the Division's Star and MIPI assessment tools, contact EIPS Supports for Students at 780-464-3477.

### **Introducing Permission Click**

EIPS has begun migrating school and Division forms to the online Permission Click platform. Many families will have already received one or more forms within the new system. Permission Click makes the form submission process for families simple and straightforward. Forms are also easily accessible and fillable from your mobile device. Families will generally receive forms in one of two ways—sent as a link within a SchoolMessenger email or in a direct email from Permission Click sent to the first parent or guardian on record in PowerSchool.

Be sure to add <u>notifications@permissionclick.com</u> to your safe sender list to ensure required forms aren't mistakenly directed to your junk mail folder.



### Pay School Fees Online!

School fee information for the 2022-23 school year is now posted on the PowerSchool Parent Portal. All fees are due within 30 days of being posted. To access your fee information, simply log in to the PowerSchool Parent Portal and go to "Student Fees." There you can view your fees and pay them online.

Don't forget to also log in to the PowerSchool Parent Portal regularly throughout the year. Fees are often added to your child's account to cover the cost of various school activities such as field trips, class projects, extracurricular activities fees and more.

If circumstances exist where you are unable to pay your fees, you can apply to have certain fees waived by submitting an Application for a Waiver of Fees. The application deadline is December 15th, 2022.

For more information about school fees, waivers and payment deadlines, visit www.eips.ca/schools/fees and <a href="https://www.bruderheimschool.ca/about/fees">https://www.bruderheimschool.ca/about/fees</a>. Alternatively, contact Mrs. Carlson at Bruderheim School, 780 796 3936 or general.bru@eips.ca.

### Request For Christmas and Holiday Themed Artwork

The Division is seeking submissions of Christmas and holiday-themed artwork to be used for the Board of Trustees official greeting cards. We're looking for seasonal and winter images in the unique, creative style only students can provide. Those whose work is selected will be advised.

Guidelines and information for art submission:

- Finished card size will be 5" x 7" but larger art may be submitted—standard letter-sized, forexample.
- Artwork may be vertical or horizontal.
- Artwork may be created on any paper and with any medium as long as it can be properly scanned—thick 3D art orart larger than 8.5" x 11" may not work.
- Avoid including words of any kind—let the art tell the story!
- Avoid including the student's name on the art. If included, first name only.
- Submit the full name, grade and school along with the artwork when sending it in the courier. Note: Only the first name and grade will appear on the finished cards in conjunction with the EIPS logo.
- Originals are needed for scanning; they'll be returned to the school.

\*NOTE: Scanned artwork may be resized and cropped to fit the cards and best display the art.

To be considered, all artwork must be received by **November 1**.

### Student Artwork at Central Services

Central Services is looking for temporary collections of student artwork to display in its front reception area. We're displaying this artwork on a rotating basis to provide the opportunity for multiple schools to be involved. Each school's rotation will be one- to two-months long, depending on the interest received from across the Division. All artwork will be returned at the end of each rotation.

Frames at Central Services can fit artwork up to 16 inches by 20 inches (landscape or portrait). Alternatively, you may have artwork that doesn't require a frame or your own frames of other sizes that work. The 16-foot shelf will fit up to eight frames—depending on the frame orientation. We also have a second set of display shelves for smaller artwork and a display case for small, three-dimensional pieces. Contact <u>Communication Services</u> if you're interested in being involved.





### **Addiction & Mental Health News**

#### **October** 2022

## Parents promoting positive mental health

Parents play an important role in supporting a child's mental health.

Mental health affects the way you think, feel and act.

You can promote good mental health by the things you do, say, and the environment you create at home.

#### Ask questions about feelings

Help your child name and calm feelings; start by asking how they feel.

Let them know that it's OK to talk about feelings.

Feelings are not right or wrong, and you can't control how you feel.

You can control how to act when you have strong feelings.

MORE RESOURCES Ital Health (alberta.cal

Helpful Tips and Strategies (alberta.ca) Parent Information Series | Alberta

#### Focus on strengths

When your child brings home a test, talk first about a what they did well instead of focusing on mistakes.

If improvement is needed, ask your child what they could do better next time.

Have suggestions ready if they ask you.

#### Listen and show empathy

Stop what you are doing and look at your child when you talk to them.

Listen to what your child is saying about their feelings without judgement.

Put yourself in their place.

Acknowledge what your child is feeling.

MyHealth.Alberta.ca

Addiction Services Help Line 1-866-332-2322

Mental Health Help Line 1-877-303-2642

