



BRUDERHEIM ELEMENTARY SCHOOL Newsletter #3, November 3, 2017 Principal: Paul McKay

November 2017,

Another great month has passed at Bruderheim School and November looks to be no different. We ended October with some great Halloween activities and I know the staff and students had fun at the many carnival type events. Our grade five class spent time with our Seniors at the community centre continuing to build valuable relationships. Elder Wilson Bearhead visited our school in October to share indigenous song and dance with all our students. His visit turned out to be a highlight for many of our staff and students.

November marks another step in our Leader in Me program as we celebrate all the students who showed how to Begin with the End in Mind. Staff and Students will spend the next two months on the last of the private habits and Put First Things First. We will start the new year looking at the Public Victories and begin to think Win-Win. November will also allow us an opportunity to remember our veterans and the sacrifices they made to protect our freedom. Our Remembrance Day assembly will be on Thursday November 9th starting at 10:45 am in the gymnasium. All families are welcome to join us.

November is also a big month for assessment at Bruderheim School. Staff and students have been working hard to gather evidence of student learning and will have the opportunity to share this at the end of the month. Report cards will be published online on November 27th. Parent teacher interviews will follow on Wednesday November 29th and Thursday November 30th from 5-8pm, please look for a note in the agenda for more details and sign up information in the coming days.

Finally the month of November provides staff and students with a chance to Sharpen the Saw on our annual November break. This year there will be no classes starting November 10^{th} through to the 17^{th} . Classes will resume Monday November 20^{th} .

Sincerely, Paul McKay Principal



NOVEMBER 2017

Nov. 1	Staff Meeting –	Early Dismissal	1:55PM
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Nov. 3 Assembly 9:00AM

Nov. 6 BSC Meeting 5:30PM

Nov. 7 School Picture Retakes 9:00AM – 10:30AM

Nov. 7, 8, 9 Bonus Book Days

Nov. 9 Remembrance Day Ceremony 10:45AM Nov. 10–17 Day in Lieu & Fall Break – No School

Nov. 23 Farm Safety Grades K–6

Nov. 27 Report Cards Distributed at 3:00PM and Available Through CSL on PowerSchool

Nov. 29 Parent Teacher Student Conferences 5:00PM – 8:00PM Nov. 30 Parent Teacher Student Conferences 5:00PM – 8:00PM

Nov. 30 Book Fair Open to the Public 4:00PM – 7:30PM

DECEMBER 2017

Dec. 1 Assembly 9:00AM

Dec. 1 Lamont County Poster Contest Deadline Gr. 1-6

Dec. 4 BSC Meeting 5:30PM

Dec. 5–22 Mitten Tree

Dec. 6 Staff Meeting – Early Dismissal 1:55PM

Dec. 14 Christmas Concert 7:00PM
Dec. 15 Ski Trip Grades 4, 5, 6
Dec. 22 Movie and Stuffy Afternoon

Dec. 25-Jan 8 Winter Break

Please check our website for up to date information



REMEMBRANCE DAY CEREMONY ON THURSDAY, NOVEMBER 9 AT 10:45

Everyone is welcome to attend the ceremony. Bruderheim staff and students would like to extend our gratitude to all of our veterans and members of the Canadian Armed Forces. We are eternally grateful for your service and dedication. Thank you for all that you have done and continue to do to make our world a better place for us and our children.





Breakfast for Learning – volunteers Needed

We are currently looking for volunteers to run and help out with our breakfast program. The breakfast program runs from 8:00 AM to 8:25 AM during school days. If you can help, even one morning a week, please call the school.

HOT LUNCH VOLUNTEERS NEEDED

We are currently looking for people to assist with our hot lunch program. Once a month students and staff are treated to a hot lunch. The lunch is free of charge and organized through BSC. If you are able to help, please contact the school and we can put you in touch with our hot lunch coordinator.

MICROWAVE OVENS AND FOOD SAFETY

Many students bring food that needs to be heated. Please be aware that food needs to be heated to specific temperatures to ensure food safety. There are several items of concern to address: heating up time & temperature, food that is either too cold or too hot, large number of students needing their food heated, reduced time to sit and enjoy lunch, overloading the school's electrical system/blown breakers.

WILL YOUR CHILD BE ABSENT OR LATE TODAY?

Please phone in your child's absence/late to 780-796-3936. Our answering machine is available 24 hours a day. Messages are picked up regularly from 8:00AM - 3:30PM. Thank you in advance for your assistance!

THANK YOU VOLUNTEERS!

Bruderheim School is a great place to be thanks to the efforts of many dedicated people. In this section of the newsletter we try to recognize the work done on behalf of the students. Thank you to:

- Breakfast program: Stephanie Campbell
- Hot lunch group: Allison Bortnick, Stephanie Campbell, Nicole Kammer, Erin Lewis, Sarah Smith
- Marguerite Bartz for her donation of scissors
- A big thank you is being sent out to Jamie Sobkow, who has sewn many library bags for our students. Mrs. Sobkow heard we were short bags this year and came to the rescue. Mrs. Bartz and the students want to thank you with a cheer, for sharing your time and skills in such a giving way. It is very much appreciated and we look so cute with the bright fun library bags!



Please join us on Monday, November 6 at 5:30 PM in the library for the next BSC meeting. There are many important things happening and this is an excellent way to be involved in school life. Babysitting will be provided thanks to BSC. All parents are welcome!

BRUDERHEIM CHRISTMAS HAMPER

As in previous years, Bruderheim School will be collecting food for the Bruderheim Christmas hamper. Beginning after fall break, students will be encouraged to bring in non-perishable food items for the Bruderheim Christmas Hamper program.

BEST SEATS IN THE HOUSE

The entire front row at the Christmas concert will be raffled off! Each \$1 raffle ticket is good for two seats. Each winner will have 2 seats with their names on them in the front row! Feel free to enter as often as you like. All money collected will go to the Bruderheim Christmas Hamper.



AMA SCHOOL PATROL

Congratulations to Anastasia who is patroller of the month! Her dedication and service is greatly appreciated! Anastasia has demonstrated responsibility by being on time and performing her duty with care and attention regardless of the weather. Thank you Anastasia!



MISS SEREDA'S COUNSELLOR CORNER

At Bruderheim School, we are working together to promote self-regulation in our students. You may hear your child start to talk about things like: breathing techniques (Belly Breathing), Zones of Regulation (identifying when they are in the blue, green, yellow or red zone), positive visualizations, body scans, break cards or the self-regulation room. These are all tools that we are sharing with our students to encourage positive ways they can deal with stress, anxiety, anger and frustration. Here is some background information about self-regulation that may help you better understand this topic.

In a nutshell, self-regulation refers to how people identify and deal with stress. The body

naturally "revs up" to give itself more energy to deal with something stressful, then "gears down" to conserve energy when it perceives the stressor is dealt with. People with effective self-regulation optimize their response to stress. They spend less time in ineffective states, such as being too revved up (which can look like being "stressed out", overwhelmed, or "hyper") or too geared down (for example, "zoned-out", bored or sleepy). This results in fewer tantrums, less worry and more learning!

Websites like "Left Brain Buddha" can provide parents with lots of great information about how they can help their children (and themselves!) learn to breathe, be mindful and deal with stress in a healthy way. Check out their website by visiting http://leftbrainbuddha.com/teach-kids-how-to-breathe/. Also, if you are a mom, check out their "Mindfulness for Mothers" section which has lots of free meditations and tips for especially designed moms!



PROGRESS REPORTS AND PARENT/TEACHER/STUDENT CONFERENCES

Report cards will be made live on the powerschool website on Monday November 24th at 3:00pm. School Interviews will be booked online at www.schoolinterviews.ca Look for a code and more instructions to come in the third week of November.

LIBRARY NEWS

Thank you to all the families who brought in gently used books for our 4th annual **Book Swap**. Your generosity in supporting this simple but fun library event was appreciated. Many students took home beautiful new stories to read. It is a good thing to recycle and what better than books!



Our next library event will be to begin the purchasing and gathering of warm winter mittens to hang on the library **MITTEN TREE**. Mittens must be new and can range in size from child to adult. This continues to be one of our most successful outreach projects.

Please purchase thick, warm mitts to help Bruderheim School warm the hands of Edmonton's inner city residents. The mittens will be collected until January and then taken in to the Mustard Seed Group. Any questions you may have can be directed to Mrs. Bartz in the library.

Mrs. Bartz has scheduled a **Scholastic Book Fair** from November 28-December 12. She will be needing many volunteers to help students on their "wish list" days, as well as shopping days. The book fair will also be open to the public during the evening of November 30^{th} from 4:30-7:30pm. Mrs. Bartz would love adult help also. Watch for the sign-up sheet to come home and please consider helping out.



Sincerely, Mrs. Bartz



BRUDERHEIM PRESCHOOL NEWS

The Christmas concert and silent auction will be held at the Bruderheim Community Hall at from 6:30 to 8:00PM on December 6. Everyone welcome!

Bruderheim Preschool will be hosting a bake sale as part of Bruderheim's Christmas Craft Sale on November 18. Please stop by to support the preschool.

If you have any questions about preschool, please feel free to drop into the classroom, call 587-784-1953.

Kindergarten

Thank you to all the parents who volunteered for the Halloween party. The kids had a great day! If you would like to volunteer on any school days please send me a message on Remind, an email or a note in your child's agenda. Parents are welcome to volunteer any time in our class.



Here are a few reminders for our class:

- Please make sure you check our class newsletter on my e-teacher page on Friday
- Some parents have still not signed up for Remind yet. If you would like more information about it or would like to me to add you please send me an email
- Please make sure your child is dressed properly for the weather. It is a good idea to send snow pants, boots, mittens and toques when the weather is cooler
- Thank you for keeping healthy snacks in your children's lunches. If you have a rule at your house to allow your child to have one Halloween candy in the lunch please be cautious that it does not contain peanuts or tree nuts. (Or say "may contain") We have a child with a severe nut allergy in our class

Thank you, Amanda Grumbach



Grade 1 News

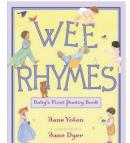
October was packed full of laughter and learning in grade one. We finished reviewing the letters of the alphabet and moved into spelling, phonics, writing and reading. We started to look at the numbers 1-10 and explored different ways to represent them. In science, we finished looking at the fall season and started investigating with our five senses. We talked about how they send messages to our brain, about how we use them and about how they

keep us safe. In social we finished talking about the groups we belong to, how we identify those groups and our roles and responsibilities in those groups.

This month is a little shorter but will still be full of learning. We have started out Literacy Centres and will continue these throughout the year. During these centres students get to listen to reading, write in their journals, work on sounds, practice spelling, read independently and they get small group time working with the teacher. This has been a hit so far and the students are showing great responsibility at these centres while they work! We will continue to learn a weekly word family poem that gets sent home every Friday. Remember to send the duotang back so we can put our new poem in on the following Monday. In math we are looking at the

teen numbers and how to represent them. We will finish exploring our five senses in science and move onto creating colour. I love when science and art can mix! In social we will start looking at unit 2 "Taking Part in a Community." We will be continuing our review of the 7 habit in health class as we look at habit three, "Put first things first." I also have some beautiful poppy art planned for the month of November!





Wee Reads Write Up

Thank you to all the parents who have signed up to be a volunteer reader with our wee reads program. In order to run this program we have to train all volunteers with the wee reads method so we will be setting up a training session, probably sometime in December so that we can start the program in the new year. If you didn't return a form but are interested in taking part, or know someone who could volunteer 30 minutes a week for 8 weeks, please see Mrs. Secrist or Miss Sereda. All volunteers will be contacted shortly to set up training! Thanks!

Award winners this month for habit two "Begin with the end in mind" are: Ally, Zoe, Jaxon

Sincerely, Mrs. Secrist

Grade 2 News

Even though we are still in the fall season, winter sure looks to be upon us! Please make sure your child is dressed for the weather. Playing in the snow is fun but requires warm clothing!





Language Arts: Students will continue to write in their Friday journals to parents. Please read what you have written to your

child. This journal is a great way to have some written communication with your child. They really love "talking" with you in this form.

Spelling words are stapled in agendas Monday. This word list is to stay at home and be studied over the course of the week. The test is given on Fridays (Thursdays if no school Friday).

Fall writing will continue this month with transitional words such as first, next, then and finally. Also descriptive writing using the five senses about what fall means to each student.



Math: Students are using a variety of manipulatives to learn how to write numbers in different ways such as standard, place value, base-ten blocks, expanded notation and word form.

Science: Hot and cold temperatures is the unit we continue to study. Students learn to read a thermometer and discuss things that are hotter and colder than one another. They engage in many exciting experiments.

Social: The students are about to embark on a journey to Meteghan, Nova Scotia to experience life in the Maritimes. Lobster fishing and festivals are some of the fun they will enjoy while learning about the traditions, geography and animals of Meteghan.

Congratulations to this month's "Begin with the end in mind" award winners: Drew, Emmett, Hanna

Sincerely, Mrs. Bochek



November News from Mrs. V and the Grade 3's

The Grade 3's are remaining busy in Language Arts as we are completing the Capitals and Punctuation Package, writing stories, working on phonics to become better reader and writers and the all time favorite, cursive handwriting!

In math, we are completing our Measurement unit and moving onto Fractions. Science has been busy! We've looked at different lifecycles, how animals adapt to their environment, and classified animals by their characteristics.

In Social, we are looking into India and how the children's lives differ from ours. Students are amazed at the differences and are realizing how fortunate we are here in Canada. We've also enjoyed trying pomegranate, as this is a common fruit in India.

We've enjoyed the afternoon of Halloween with our classroom taco luncheon and games in the afternoon. Thank you to all parents who send in an item for students to share. In the coming days, please remember to send a "healthy" snack to school so that students remain focused and alert throughout the day. Sugary treats can have opposite affects and make learning more difficult. As well, only send in "nut free" treats.

Thank you for reading with your child nightly and signing agendas and reading duotangs. Your child is benefitting greatly because of the time you give them.

This month, the Grade 3's congratulate our Habit #2 Award Winners, "Begin with the end in mind": Nicklas, Preston, Dailyn

Sincerely, Mrs. V and the Grade 3's ☺



Grade 4 News

✓ <u>Language Arts</u>: This month we will focus on writing descriptive paragraphs and letters. We will even write to our favorite author!

Science: We have continued to work on our Wheels and Levers unit, including constructing our own catapults from everyday objects! Later this month, we will begin our Building Devices That Move unit. The students will design, build, test, evaluate and

improve upon the design of their own go-kart.

✓ <u>Social:</u> In our continued study of Alberta, we will begin to investigate Alberta's natural resources, including what they are, how we use them, and how they have helped communities in Alberta grow.

✓ Math: We are wrapping up our Whole Numbers Unit by solving and writing addition and subtraction word problems. Later in the month, we will begin our Multiplication and Division unit. We will use mental math strategies to multiply and divide, describe patterns in multiplication charts, solve word problems using multiplication and division, and write and solve equations. Encouraging your child to practice the multiplication facts from 1 X 1 to 9 x 9 would be a great help to them!

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Given z = 3-7i and w = 1+2i, find
a) z+w
b) z-w
c) z \times w
d) \frac{z}{w}
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Important dates to remember:

- o Library is on Wednesday
- \circ Fall break is from November 10 17.

Have a wonderful month and please don't hesitate to contact me with any questions or concerns!

Congratulations to this month's "Begin with the end in mind" award winners: Keyaira, Kash and Kirsten

Sincerely, Mrs. Michalchuk (780) 796-3936 ashley.michalchuk@eips.ca



Grade 5 News

Dear Parents and Guardians,

Another month has passed by quickly, and we are having fun in grade five. November will be a short month as we have Fall Break coming up in two weeks (Nov. 10-18). In that time, there will be some changes in how we do our math. Our new unit is starting and we will be moving to a small group structure. The first two weeks will learning how to work

independently, math centers, and overall expectations. With that being said, there may not be a lot of work (other than math practice) coming home. By moving to a small group structure, students will be able to have more time with me, apply their new skills, and work on "old" skills.



In Language Arts, students are creating their own storybook versions of Cinderella. So please, ask your child to share their story once we have finished them! In Science, we are continuing to explore electricity and electrical currents. We are enjoying the hands-on circuit building and we will be introducing magnets in the near future. And, in Social, we are finishing up Chapter 1!

Important Upcoming Dates:

Picture Retakes: Tuesday, November 7

Remembrance Day ceremony: Thursday, November 9 at 10:45am.

Report Cards: Monday, November 27

Parent Teacher Interviews: Wednesday, November 29 – Thursday, November 30

If you have any questions or concerns, please feel free to contact me via email (<u>Emily.burton@eips.ca</u>) or by phone (780-796-3936).

Congratulations to this month's "Begin with the end in mind" award winners: Summer, Alex and Emerson

Grade 6 News

The grade 6 class has been very busy in Language Arts working on reading comprehension, working on small writing assignments to "explode the moment", and we're even working on cursive handwriting. In Math we have finished our Understanding Number Unit, and are moving onto Fractions, Ratios, and Percent. Science is continuing





with the air theme and we are moving into Flight! We have great experiments in this unit! In Social Studies we are moving onto the government in Ancient Athens! This is an exciting unit, I know students will enjoy learning about this form of democracy. We enjoyed our Halloween party with a fabulous potluck and the grade 6 were great leaders at the carnival games. Thank you to the parents that contributed to our potluck and brought in additional treats to share with students.

Thank you for nightly reading with your child, checking that they have completed their two pages of Math Skills Practice, practice weekly spelling words, as well as signing their agenda.

Congratulations to Anastasia who is patroller of the month!
Also congratulations to this month's "Begin with the end in mind" award winners: Carver, James and Grace

Lynsay Atchison
Bruderheim School

In and around the District

Inclement Weather

With the winter season already here, we want to remind parents to dress children appropriately for the weather when getting ready for school or the bus. The weather often changes unexpectedly throughout the day, so please select suitable outerwear and ensure your child is prepared for changing conditions.

If inclement weather conditions occur, Elk Island Public Schools (EIPS) advises parents of any bus cancellations using various communications tools—automated-telephone messages, alerts posted on www.eips.ca and school websites, Twitter, Facebook, local radio stations and on Versatrans My Stop. Any morning bus cancellations are posted on www.eips.ca by 6:30 a.m.

Decisions regarding bus cancellations are guided by EIPS administrative procedures that states, "school bus service may be suspended...when Environment Canada reports a temperature of -40 C." Other reasons for suspending or delaying school bus services include adverse weather and poor road condition.

When school bus services are suspended, schools remain open to students. EIPS believes parents have the right and responsibility to make choices for their children based on their beliefs and perceptions of safety during times of inclement weather.

For more information, contact EIPS Student Transportation at 780-417-8151.

Pay School Fees Online Easily Using PowerSchool

School fee information for the 2017-18 school year is expected to be posted on the PowerSchool Parent Portal by early October. All fees are due within 30 days of being posted. To access your fee information, simply log in to

the PowerSchool Parent Portal and go to "Student Fees." There you can view your fees and pay them online using Visa, MasterCard or INTERAC Online—when available from your financial institution.

Don't forget to log in to the PowerSchool Parent Portal regularly throughout the year. Fees are often added to your child's account to cover the cost of various school activities such as field trips, class projects, athletic-team fees and more.

For more information about school fees, waivers and payment deadlines visit www.eips.ca/schools/fees. Alternatively, contact Ms. Carlson at Bruderheim Elementary, 780-796-3936.

Waiver Of Fees

https://www.eips.ca/transportation/transportation-fees/waiver-of-fees

Effective 2017-18 school year, should circumstances exist in which fees cannot be paid, parents can apply for certain fees to be waived using the "Application for Waiver of Fees (505-2)". If parents are not eligible to have fees waived, arrangements may be made with the school's administration and/or the Director of Student Transportation.

A completed application form with supporting documents, marked CONFIDENTIAL, should be mailed to:

Elk Island Public Schools Attention: Treasurer 683 Wye Road Sherwood Park, Alberta T8B 1N2

Or mailed to Business Services

The cutoff dates for receipt of complete applications with supporting documents are:

Waiver of Transportation Fees: August 31, 2017 Waiver of School Fees: December 15, 2017

No applications will be accepted after these dates.

Updating Your PowerSchool Correction Forms

Families will all be receiving a PowerSchool Correction Form for each student enrolled in Bruderheim Elementary. The form ensures the school has the most up-to-date information regarding each of its students. When you receive the form, please review it carefully and make sure all the information in it is still correct. If any changes need to be made, please update it and add any new details you think necessary. All forms must be returned to the school by **Thursday, November 30.**

If you have any technical questions regarding PowerSchool, please contact the school office at **780-796-3936**. Thank you for your assistance.

Veterans' Week Learning Resources

Free bilingual resources are available to help students remember the importance of honouring Canada's Veterans (Veterans' Week is **November 5-11**: #CanadaRemembers). Learn more

Hockey Scholar *Grades 5-7*

Bring Math and Science to Life Using Hockey *Scholar* and the <u>Edmonton Oilers Future Goals Program</u>. Engage your students with Hockey Scholar, a web-based course that leverages hockey to teach foundational Math and

Science concepts. This no-cost course covers topics such as rates and ratios, states of matter, force and energy, and careers in STEM. Every time your students complete a lesson your class will be **entered to win Oilers Prizes** (mascot visit, pizza party, practice viewing, signed pucks & player cards or even an Oilers visit). Learn more

Vault: Understanding Money *Grades 4-6*

Vault is an interactive learning course specifically designed to introduce financial education skills early in a child's cognitive development. Evidence-based learning theories are incorporated to increase students' knowledge and build the foundation for making good financial decisions at a young age and promote career development skills. Learn more

Climate Kids

Launched by the Government of Canada, Climate Kids is an interactive website focusing on taking action on climate change. Starting the conversation about climate change better equips students to be strong leaders, thinkers and problem solvers in creating a cleaner and more thriving Canada for generations to come. <u>Learn more</u>

No Child Without: Free MedicAlert for students

In our ongoing effort to provide safe and caring schools for our students, Bruderheim School is once again participating in the Canadian MedicAlert Foundation's No Child Without program. The program is a national initiative that provides no-cost MedicAlert services to children—between the ages four and 14—who have chronic health conditions. The goal is twofold: to help children with severe allergies, medical conditions or special needs and to assist schools with medical-emergency plans for students.

Once a child is registered, their school is provided with advice on a medical-emergency plan for that student and given a list of medications, allergies and medical conditions the student has. If your child has a serious medical condition or allergy and could benefit from MedicAlert services, contact the school office at 780-796-3936. To learn more about the No Child Without program, visit www.nochildwithout.ca



In and around Bruderheim

GUITAR & BASS LESSONS in LAMONT, starting January 8th
Weekly half-hour lessons, Mondays only
After-school and evenings
at the Lamont Lion's Club building
All ages, beginner to advanced students

Instructor, Kevin Shirley, has been teaching with **Community Music Initiatives** for over 15 years. Kevin learned to play guitar at a young age and went on to graduate from Red Deer College's guitar program. Kevin is a talented musician and a superb instructor; he is personable, patient, and happy to work with whatever genre students are interested in.

Please call 1-877-413-4810 (toll-free) for details and to book your lesson time for January.

www.communitymusic.ca

www.facebook.com/mycommunitymusiclessons



Child Development Walk-in Clinic

Do you have questions or do you want to

- learn more about...
- how your child speaks.
- how your child hears.what your child says.
- your child's printing, pasting or cutting.
- how your child moves.
- how your child follows directions.
- your child's sensitivity to noises, clothing, food textures or messy hand play
- Information about Child Development is available.



Visit us at our Walk-in Clinic! ~ First-Come-First-Served ~

Wednesday, November 15, 2017

Community Rehabilitation Program – Pediatrics Lamont Community Care Centre 5216 53 Street, Lamont, AB 10:00 a.m. – 12:00 p.m.

Call 780-895-5817 for more information

Services that may be accessed include:

Services that may b	e accesseu mci	uue.	
Occupational Therapy		1	
Physical Therapy			
Speech-Language Pathology		1	

www.albertahealthservices.ca



Be Your Best!